



St. Mary's Good Samaritan  
Incorporated

# Fast Facts

FOR PHYSICIANS SUMMER 2010

*This piece is designed for you, the clinician, to keep you abreast of the latest technology, services, and specialists available at St. Mary's Good Samaritan.*

## St. Mary's Good Samaritan Wound Healing and Hyperbaric Center

**The Wound Healing & Hyperbaric Center** is an outpatient, hospital based program that works with the patient's primary care physician. This center features hyperbaric oxygen therapy (HBOT), a treatment in which the patient breathes 100% oxygen inside a pressured chamber which delivers high amounts of oxygen to the bloodstream, supporting the wound healing process. This type of therapy can fight certain types of infections, stimulate new blood vessel growth and improve circulation. It is also used to treat osteomyelitis that is unresponsive to therapy, failing skin grafts and flaps, and diabetic wounds of the lower extremity.

They will also provide referrals to Physical Therapy, Laboratory and Radiological evaluations, Dieticians, Diabetic education,

*The Wound Healing & Hyperbaric Center offers many services, some of which include:*

- Topical wound therapy
- Debridement
- Hyperbaric oxygen therapy
- Edema management
- Patient and caregiver counseling and education
- Antibiotic management
- Ostomy education
- Preoperative stoma marking

and special needs for pressure relief, including beds, seat cushions and footwear.

The Wound Healing Team consists of Charles Longwell, MD and specially-trained wound care and hyperbaric nurses, as well as wound, ostomy and continence nurses.

– **Wound Healing Center & Hyperbaric Medicine**

400 North Pleasant Ave.  
Centralia, IL 62801  
Mon - Fri: 8am to 12 pm  
Call: 618-436-6318

– **Wound Healing Center**

1708 Jefferson, Suite 230  
Mt. Vernon, IL 62864  
Mon - Fri: 2pm to 5pm  
Call: 618-241-1070

## New Specialists Join Medical Staff at SMGSI

Welcome - Jane Grace M. Manalo, MD



*Hematology/Medical Oncology*

St. Mary's Good Samaritan welcomes Dr. Jane Manalo to the community.

- Board certified member of the American Board of Internal Medicine in Medical Oncology, Hematology, and Internal Medicine
- Awarded "Oncologist of the Year" and "Outstanding Service and Quality Award" at Dixie Regional Medical Center in St. George, Utah

1054 Martin Luther King  
Suite 125  
Centralia  
**618-436-5410**

Welcome - Pooja Pothiwala, MD



*Endocrinology, Diabetes and Metabolism*

St. Mary's Good Samaritan welcomes Dr. Pooja Pothiwala to the community.

- Board certified endocrinology, diabetes and metabolism
- Member of the Endocrine Society and the American Association of Clinical Endocrinologists
- Her practice includes diagnosis and treatment of diseases of the endocrine system, including diabetes, thyroid disorder, metabolic disorders, and other hormonal conditions

4113 S. Water Tower Place  
Mt. Vernon  
**618-244-6549**

Welcome - M. Tariq Rahim, MD



*Invasive Cardiology*

St. Mary's Good Samaritan welcomes Dr. Malik Tariq Rahim to the community.

- Board certified internal medicine
- Extensive experience includes clinical cardiology, echocardiography, cardiovascular imaging, nuclear cardiology, cardiovascular computed tomography and diagnostic invasive cardiovascular medicine

1054 Martin Luther King  
Suite 222  
Centralia  
**618-436-5280**

Welcome - Nida Subhani, MD



*Infectious Disease*

St. Mary's Good Samaritan welcomes Dr. Nida Subhani to the community.

- Board certified internal medicine and board eligible for infectious disease
- Member of the Infectious Disease Society of America, American College of Physicians and American Medical Association
- Her practice includes diagnosing, treating and preventing infectious diseases

1054 Martin Luther King  
Suite 221  
Centralia  
**618-436-5270**

## Rehabilitation Services

**Our services at Good Samaritan in Mt. Vernon** are specifically designed to provide comprehensive, inpatient medical rehabilitation for adolescents and adults recovering from the following:

### INJURIES OR PHYSICAL IMPAIRMENTS

- Stroke
- Multiple trauma
- Amputation
- Orthopedic injuries
- Arthritis
- Neurological diseases
- Other disabling diseases and injuries

Each patient receives an individualized treatment plan that reflects his or her goals and objectives, and we encourage you to participate in the treatment planning if you wish to.

Our Rehabilitation Program includes physicians, nurses, physical therapists, occupational therapists, speech therapists, dietitians, psychologists, and social workers. Our inpatient rehabilitation services are for patients whose needs are great enough to require assistance from two or more therapy services. The two major need areas are mobility and self-care. Prospective patients should be able to tolerate

and endure an intensive level of therapy. Each patient should be able to comprehend the objectives of the rehabilitation program. Bonita Gaston, RN, our preadmission coordinator will assist your patients and their family in determining the appropriateness of our services for their particular injury or impairment. The coordinator may even travel to meet with the patient and their family. Bonita may be reached by calling 618-241-3451.

St. Mary's Good Samaritan offers outpatient services in physical therapy, occupational therapy, speech, social services, and nutritional counseling.

## Memory Clinic is a service of St. Mary's Good Samaritan

In partnership with the SIU School of Medicine's Center for Alzheimer Disease and Related Disorders, the purpose of the specialty clinic is to diagnose, evaluate and treat memory disorders, and to provide support services to the patient and family.

Services will be conducted in a team approach by Dr. H. Goff Thompson; Keith Suedmeyer,

MSW, MPH; and Laura Milner, MSW, LSW. Dr. Thompson is Board Certified in Geriatrics and has over 45 years experience practicing medicine in the Mt. Vernon Community.

The Memory Clinic does not replace your work with the patient, because we do not provide primary care, but it will prevent the necessity of traveling out of the area for memory services. A social worker

will meet with the patient and family for social support and resource linkage, which will reduce the time you and your office staff spend on such needs. You will receive a thorough report once your patient has been evaluated. This type of service typically reduces or slows memory problems in patients, reducing the need for long term care, and extending a patient's time at home by at least one year.

**The Memory Clinic – 1708 Jefferson, Ste. 250 (Medical Arts Building behind Good Samaritan Regional Health Center) Mt. Vernon**  
Questions: 618-241-1400 • Fax Referrals to 618-241-7024

**MEDICAL SPACE  
FOR LEASE,  
call Eric Carmichael  
or Jessica Anderson  
at 618-244-1885.**

**ST. MARY'S GOOD SAMARITAN MEDICAL OFFICE BUILDING WILL BE OPENING FALL 2012**



### Have questions or comments about our service?

Our goal is to provide our referring physicians with the highest level of Value and Service. If you have any questions or comments about our service, please let us know. Lisa K Turner is our Hospital & Physician Representative. She is available to answer your questions, help resolve any issues, or facilitate referrals.

**Lisa K. Turner**  
*Hospital & Physician Representative*

**618-241-2610** (office)

**618-231-1928** (cell)

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400 North Pleasant  
Centralia, Illinois 62801

605 North 12th Street  
Mt. Vernon, Illinois 62864